



Fairy tale workshop

The Handless Maiden

In this weekend workshop we explore this rich fairy tale from a Jungian psychological perspective.

We discover that *The Handless Maiden* is a story about individuation, about developing one's inner strength, resilience and creativity. It is a story about losing your hands, living with silver hands and finding your hands. Clarissa Pinkola Estes describes the story as an initiation, where the maiden journeys down into "the underworld of female knowing".

In this BodySoul Community Workshop, affiliated with the Marion Woodman Foundation, there will be an opportunity to explore your own journey to the conscious feminine and the inner positive masculine in a safe and contained setting. We work through discussion, metaphor and symbol, movement, dream work and art in this process.

There are over 100 versions of *The Handless Maiden* worldwide (also known as *Silver Hands*, *The Girl Without Hands*, *The Armless Maiden*).

www.pitt.edu/~dash/grimm031

This workshop will be of interest to health professionals, counsellors, expressive therapists, storytellers, writers or anyone engaged in their own psychological journey.

DATES: Friday 20th to Sunday 22nd February, 2015

**TIME: Friday 6pm to 9pm
Saturday & Sunday 10am to 4pm**

PLACE: The Centre, 14 Frances St, Randwick, Sydney
(some accommodation is available at The Centre)

COST: \$290.00 (Earlybird Rate: \$265 by 30th January)

The Facilitators

Heather Keens is an experienced individual and family therapist who has worked in mental health settings for many years in the UK and Australia. She has undertaken several courses overseas with the Marion Woodman Foundation and has co-facilitated BodySoul Community Workshops in Sydney. She is a member of Dream Network Australia and the Sydney Jung Society, and enjoys facilitating dream groups. She believes that the body and psyche must be worked with together to achieve a healing process.

Joan Harcourt is an experienced body psychotherapist and group leader. She worked for many years in the UK where she became interested in the work of Carl Jung and, specifically, Marion Woodman's BodySoul work. After completing the Marion Woodman Foundation Leadership Training, she led BodySoul Community Workshops in the UK and, more recently, in Australia.



*"I trust there is a healing process going on in my unconscious.
If I can keep in touch with it, my life flows forward;
I constantly open to what I could never have imagined".
Marion Woodman*

***For more information please contact
Heather Keens on 0405 970992 or
heatherkeens81@gmail.com***

***Please note that places are limited and booking is
essential for this workshop.***

***Your booking is not confirmed until payment is made
and you have received a confirmation email***